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Clinical Issues in and Approaches to Psychedelic Risk Reduction and Integration

February 16th 2022 6:30-8:00 EST

1.5 NBCC CE hours

FREE

Presented by Ben Hearn, M.A. LPCC-S

SESSION DESCRIPTION:

As rates of psychedelic use increase across the United States, public awareness of their healing potential grows, and trends in decriminalization continue, counselors will need to be able to assist clients who have previously used psychedelics or are intending to use them. This session provides an existential-humanistic framework for helping clients integrate previous experiences and a risk-reduction approach for working with clients who intend to use or have used psychedelics themselves.

LEARNING OBJECTIVES:

- Describe common rationales for naturalistic psychedelic use and its associated effects
- Interpret clients' psychedelic experiences within the 4 'givens' of existence
- Discuss risk reduction strategies with clients
- Evaluate potential risks and benefits of engaging in psychedelic risk reduction and integration

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